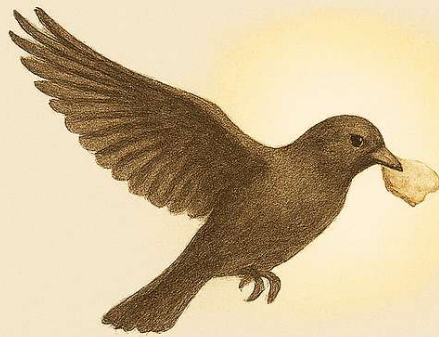


Christ Inc Even the Birds Eat

How God Provides, Why We Need Not Worry, and How To Fix Food Waste

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EVEN THE BIRDS EAT

**How God Provides, Why We Need
Not Worry, and How To Fix Food Waste**



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Dedication

In Memory of Marion Cinquemani Madden and John Mathew Madden

My beloved maternal grandparents

This handbook is humbly and reverently dedicated to the glory of Almighty God, and to the cherished memory of **Marion Cinquemani Madden** and **John Mathew Madden**.

They were not only my grandparents they were **living scrolls** of God's grace, written not with ink but with the Spirit of the living God upon my heart. Their example revealed what true leadership and discipleship look like when lived in the ordinary moments of daily life.

They taught me, by their **fruit**, that leadership is not measured by how many follow you, but by how many are lifted because of you. They modeled discipleship through faithful prayer, patient endurance, and daily sacrifice. They embodied love that healed wounds and mercy that restored dignity.

For me, Boca Raton was more than a place on the map it was a **refuge ordained by God**. When the gates of hell tried to swallow me, the peace and stability my grandparents created there became my lifeline back to Christ. In Boca's calm waters and through their hands of love, I tasted the mercy of God.

Their witness is the soil from which ChristInc Global was planted. Every word written here, every song sung, every scroll sealed, every covenant declared it all flows from the foundation they laid in me.

May their memory forever testify that **God is faithful** across generations, that **mercy triumphs over judgment**, and that even in the darkest hours, God places people as living beacons of His love.

Scriptural Seal

"Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith." Hebrews 13:7 (KJV)

Loving Grandson Pupil,
John E. Baldino Jr. **Now Qaldi**



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Preamble. God's table and our worry

From Genesis to Revelation, God feeds creation. He sets tables in wilderness places and multiplies what looks small. Our anxiety says there is not enough. Heaven says there is more than enough in His hands.

“The eyes of all look to You, and You give them their food in due season. You open Your hand. You satisfy the desire of every living thing.” Psalm 145:15-16
“Therefore I tell you, do not be anxious about your life, what you will eat.”

Matthew 6:25

When we trust God, worry shrinks. When we obey God, waste shrinks.

Prologue. The meal I did not expect

My turning point was a hard night. I walked hospital halls with nothing to offer. A worship song came through a cheap speaker and I prayed the smallest prayer. Lord, can You feed a soul like mine. By morning a friend arrived with hot food and quiet company. It tasted like grace. That day I learned two things. God feeds people. And He often uses people to do it.

Chapter 1. Birds, lilies, and the King's pantry

Jesus points to birds and flowers as living sermons.

“Look at the birds of the air. They do not sow or reap or gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they.” Matthew 6:26

“Consider the ravens. They neither sow nor reap. They have neither storehouse nor barn, and yet God feeds them.” Luke 12:24

Provision is not an excuse for passivity. It is a cure for panic. We still plan, plant, cook, and share. We just refuse the lie that our future is only as safe as our pantry. Seek first the Kingdom. Put people over optics. Tell the truth about supply and need. Then watch provision move.

Practice

Start each morning with one short prayer. Father, thank You for today's bread. Show me whom to share it with.

Chapter 2. Abundance and waste. How fear gets weaponized

There is enough food to feed everyone in our city. Much of it never reaches a plate. It is left in fields, rejected for shape or date, trashed at back doors, or burned with other waste. Scarcity talk sells attention and sometimes sells product. It can also keep power in a few hands. When fear rules, we hoard, and hoarding creates the very shortage we fear.

What drives waste

- Cosmetic standards. Crooked carrots and marked fruit are refused.
- Contract rules. Surplus crops are plowed under when prices fall or buyers walk away.
- Logistics gaps. Cold chain, drivers, storage, and labor are missing at the moment of need.
- Liability myths. Donors fear being sued even when laws protect good-faith donations.
- Image management. Some brands prefer trashing product to discounting it where customers can see.

Kingdom mindset breaks the fear loop. We move food with speed and honor. We show our numbers. We make it easy for givers to give and for families to receive without shame.

Chapter 3. Date labels decoded. Best by, sell by, use by

Confusion about dates leads to giant waste. Here is the simple map.

- Best by or Best if used by. Quality guidance. Flavor and texture are best before this date. Not a safety cutoff.
- Sell by. For store rotation. Encourages turnover. Not a safety cutoff for the customer.
- Use by. Often quality guidance. Treat perishable items with care.
- Infant formula is the main product with a federally required use by date for

safety and nutrition.

What businesses do

- Many retailers and manufacturers donate safe surplus near or after best by. They can receive a tax deduction when donations meet rules and are wholesome and handled safely.
- Some actors still trash or destroy items rather than donate. Reasons include logistics costs, brand control, or misunderstanding of legal protections.
- The label itself does not create the deduction. The donation does.

What families can do

- Learn the senses test. Look. Smell. Taste a tiny bit if appropriate. When in doubt for high-risk foods, discard.
- Understand which foods are still fine after best by. Many dry goods remain good long after.
- Keep a clean fridge at safe temperatures. Move leftovers into shallow containers. Label with a date.

Chapter 4. The truth behind food bins and outdated food groups

About some clothing or food collection bins

- Many bins and parking lot drives are real. Some are not. Read the fine print. Ask where the food goes. Demand receipts and public reporting. Prefer staffed sites that sort and distribute locally first.

Outdated food groups and marketing noise

- Old pyramids and some charts mixed refined grains and added sugars with whole staples. Marketing then used those shapes to sell more, not always to nourish more.
- Today we anchor on simple whole foods when possible. Fruit. Vegetables. Beans. Whole grains. Eggs. Dairy or fortified alternatives. Clean proteins. Oils in modest amounts. Water.
- The goal is not a trend. The goal is simple, affordable, honest meals that families can repeat.

Scam patterns to avoid

- Pay to pick up your own donation.
- Vague claims with no local numbers.
- Outdated health rules waved like a flag to justify throwing out good food.

Chapter 5. The Even the Birds Eat plan. Real fixes that work

Name of initiative

Even the Birds Eat

Mission

Move edible food to people fast. Teach calm over panic. Prove it with numbers and stories that honor privacy.

1. Source

- Farmers and distributors. Glean fields. Capture bumper crops.
- Grocers and restaurants. Daily rescue of hot and cold items that are safe.
- Schools and caterers. Prepped surplus with rapid chilling and date labels.

2. Intake and safety

- Staffed hubs in churches and community centers. Clear food-safe rules. Gloves. Thermometers. Logs.
- Triaging table in view. Ready to eat. Cook today. Process or freeze. Compost or animal feed when not fit for people.

3. Processing

- Community kitchen. Turn crates of tomatoes into sauce. Soft fruit into compote. Greens into soup.
- Freezer packs and shelf-stable kits for high demand weeks.

4. Distribution with dignity

- Choice pantry hours. Families select what they will use.
- Pop up markets at apartments and senior centers.
- Delivery teams for homebound neighbors.
- Vouchers that can be redeemed without spotlight.

5. Education

- Date label cards. Best by means quality. Here is the safe window for

common items.

- Five cheap meals anyone can cook. Teach, taste, and send home a kit.
- Budget guides with real store prices, not fantasy numbers.

6. Partnership and protection

- Written agreements with donors. Clear pick up times. Temperature checks. Donation receipts.
- Use existing good-faith donor protections that shield donors and nonprofits who follow safety rules.
- Simple tax letters for donors that meet requirements. The donation is the deduction. Not the destruction.

7. Metrics and honesty

- Pounds in. Pounds out to households. Meals equivalent. Hot meals served.
- Percent distributed within 24 to 48 hours.
- Household satisfaction surveys.
- Landfill diversion. Compost volume.
- Stories gathered with consent and care. No exploitation.

8. Funding

- Small monthly gifts.
- Business sponsors for fuel and cold storage.
- Grants tied to measurable outcomes.
- Sale of shelf-stable pantry kits at very low cost to cover packaging when needed.

My story in the plan

I once walked hungry in spirit and proud in public. God fed me anyway. Now I want to feed others in a way that tells the truth. No fog. No games. If a family trusts us with their time and hope, we will hand them food that is good and we will show them the ledger.

Scripture quick list

Psalms 145:15-16. God opens His hand and feeds.

Matthew 6:25-34. Do not worry. Seek first.

Luke 12:24. Consider the ravens.

Matthew 14:13-21. Feeding of the five thousand.

Proverbs 11:24-25. One gives freely and grows all the richer.

Isaiah 58:7-11. Share your bread with the hungry.

Acts 2:46-47. They broke bread in their homes with glad hearts.

Closing

Even the birds eat. So will our neighbors. God provides. We refuse panic. We build clean systems and generous tables. We measure what matters and keep families at the center. If you have extra, bring it. If you have need, come. There is a place for you at the table.

Acknowledgments

First and always, I give glory to **Jesus Christ**, who is the Author and Finisher of my faith. Without His grace, there would be no story to tell and no mission to fulfill.

I acknowledge with love and gratitude **My Mother, Kerry A. Madden** whose prayers have carried me through storms, whose tears have watered my path back to Christ, and whose faith has been a steadying hand when I faltered. Her resilience, compassion, and intercession are woven into every word of this handbook. Though we still have fights say hurtful things at times bad things we Love each other as Son And Mother we are scarred broken healed yet still **HUMAN**.

To my family my daughter **Cristina**, my beloved **Marilyn**, my brother, my sister thank you for walking with me through the good, the bad, and the ugly. Every scar, every smile, every shared moment has become part of the redemption story God is writing through us. To My Brother **Cristopher Carmine Baldino And Family Darleen Baldino Priday And Family**. My **Uncle Ken** and **Aunt Diane** And **Tommy** my Cousin.

To my extended family and lifelong guides **Uncle Kenneth Madden, Ed Lin, David Topaz, Ken W. Patrick, Bobby Annelo, Waxey, Vinny B., Sambo, George S.** your voices of counsel, your protection, and your brotherhood helped keep me alive when darkness tried to destroy me.

To the churches that gave me sanctuary and truth:


- **Church Experience** churchexperience.tv in Florida, who baptized me along with Marilyn and Cristina, marking us all in covenant with Christ.
- **Grace and Peace Church** <https://graceandpeace.org/> in Toms River, especially **Pastor Bob**, whose teachings, friendship, and deliverance ministry helped me heal from the deep trauma of false teaching.
- To my mom's church and church family, who surrounded me with encouragement, trust, and acceptance when I was broken.

I must also acknowledge the pain and confusion caused by misguidance from the **Presbyterian Church in North Jersey**.

But I Thank the **Presbyterian Church of Toms River** pctr.org. Mom's Churches Past and Present. Even there, God revealed truth. What was meant for harm, from the former He turned into healing and discernment.

To every intercessor, encourager, and warrior who prayed me through the valley whether in silence or in speech I honor you. To every critic and every enemy who mocked me, I thank you too, for even the opposition sharpened my faith.

This story is not only mine. It belongs to all of us who prayed, wept, rejoiced, and stood together. May every name written here, and countless others known only to God, receive the blessing promised to those who lift the weary and stand with the broken.

 *"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now."*

Philippians 1:3–5 (NIV)